

Portage Physiotherapy

Meet Our Team

Partners



Scott Allan Partner BMR-PT

Scott holds the position of President of the inMotion Network. He devotes his time to managing the operations of the network, ensuring the highest quality of patient care as needed. He often can be found driving between the clinics, facilitating staff and business development, and asking "Kyla why?"

Scott graduated from the University of Manitoba in 1987. Since graduation Scott has continued his pursuit of knowledge in musculoskeletal physiotherapy. While playing Junior Hockey with the St. James Canadians, Scott was introduced to physiotherapy and to return that first hand experience back to his patients.

Scott's professional interests are diverse. He enjoys treating post surgical conditions and has a specialized interest in knee and shoulder conditions as a physiotherapist but as a patient as well. His involvement in sports physiotherapy ranges from his grass roots experience as a therapist at two Canada Games to coordinating the medical needs for the Baseball venues at the 1999 Pan Am Games.



Stephanie RobereckiPartner / PhysiotherapistBMR-PT

Stephanie has enjoyed many varied experiences as a physiotherapist since graduation from the University of Manitoba. She has been a member of the Manitoba Runners Association as a builder in 2016; Race Director of the Physio Fit Run since 1991; presenting at seminars for Runners, MEC, Triathlon Clubs, Joints In Motion, Manitoba Hydro, Canadian Pacific Railway regarding injury prevention and ergonomics; 10km clinic instructor for The Running Room, five years as a trainer for Winnipeg Hawkeyes Junior Football Club, and Chairperson Physiotherapy Alliance and Sport Physiotherapy Division Manitoba Branch. Academically she holds a Specialist Level. Numerous courses identified by the Canadian Physiotherapy Orthopaedic Division, Sports Physiotherapy Division have been utilized to increase her knowledge base. She was awarded the Lenore Saunders Award in 2007 to recognize her contributions. Her interests include the treatment of running injuries due to her extensive athletic background, including full marathons, triathlons, and Iron Triathlons. She has represented Manitoba in 2008, 2010, 2012 and 2014. In 2015 Stephanie Roberecki ran the Boston Marathon which was a lifelong dream. As a triathlete, triathlon enthusiast and recreational downhill skier, it is realized that injuries are in fact a part of an active lifestyle!! Life is meant to be lived, the best to keep you moving.

Scott Allan and Stephanie Roberecki opened Quarry Physiotherapy in Stonewall in 1994. The clinic has grown significantly over the years. The clinics in Gimli and Arborg were added to provide more comprehensive patient care to the Interlake. Service excellence is a top priority and hours of dedication to the businesses. Stephanie is actively involved with the Interlake Clinics in marketing and promotion.



Beth Gutkin-RoyPartner/PhysiotherapistBMR-PT

Beth joined the Quarry Team in 2006, after she received her degree in Physiotherapy from the University of Manitoba. She works at the Stonewall clinic and is a very dedicated and knowledgeable clinician. Growing up in Winnipeg, Beth enjoyed playing basketball, volleyball, ringette, hockey and field hockey. After graduating from high school, she moved to Kingston, Ontario where she received her Bachelor's degree with a major in Psychology. Beth now resides in Stonewall with her husband, son and daughter and two Labrador retrievers. She is involved in the organization of various volunteer events, including the **Physio Fit Run** and the **MS Bike Tour**. She has taken various **Acupuncture Courses** and plans to take many more in the future! When Beth is not working, she enjoys being active and her hobbies include snowboarding, hiking, and running. In the summer, she can often be found spending weekends out in the Interlake region of Manitoba.



Sherry ScottPartner / PhysiotherapistBMR-PT

Soon after her 1989 graduation from R.D. Parker Collegiate in Thompson, Manitoba, Sherry moved to Winnipeg, in v home. Initial achievement of her certificate in Medical Radiological Technology, with Medical Laboratory Assistant, medical system. Experience and knowledge acquired in both acute and chronic care settings spurred Sherry to expand giver role.

Sherry returned to school to graduate from the University of Manitoba with a Bachelor Degree in Medical Rehabilitation interest of musculoskeletal rehabilitation in both the hospital and private clinic setting. Sherry currently works in a clin diverse clientele which can range from individuals involved in motor vehicle accidents or injured on the job, to runner suffering from both acute and chronic injuries. Sherry actively strives to further her knowledge and continuing educati include management courses through U of W, manual therapy levels through the Orthopaedic division, and has also ac the International Foundation to mention a few. In her spare time Sherry can be found teaching a clinic at the Running or out for a jog in the park.



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Physiotherapists



Shayla Moore Physiotherapist B.Sc., BMR (PT) 1996

After practicing in Charleswood for 14 years, Shayla joined our team of physiotherapists in 2010. She has completed acupuncture, extensive joint and muscle therapy, and specific exercise training. In 1999 she achieved a Certificate in Sports Medicine and volunteered countless hours treating athletes at the Pan Am Games, World Curling, Canadian Figure Skating Championships, and the World Figure Skating Championships.

Together with the expertise of a dentist, orthodontist and other related oral specialists, Shayla can provide treatment of temporomandibular joint dysfunction.

In 2010, Shayla sought training in Vestibular Rehabilitation, the assessment and treatment of inner ear dysfunction, via a Vestibular Competency Course at Emory University in Atlanta, Georgia, USA. At this course she had the opportunity to learn from leading teachers and researchers with physiotherapists from around the world. A customized program of in-clinic and home exercises can help reduce dizziness, improve balance and reduce the risk of falls.



Shayla MoorePhysiotherapistB.Sc., BMR (PT) 1996

Leslie RoerPhysiotherapistBMR-PT

Leslie graduated from the University of Manitoba in 2009 and has been a member of the inMotion team since November 2015. She specializes in treating people with Pelvic Floor Dysfunction. She treats women and men with bladder and bowel control problems and pelvic pain. It is a very rewarding area when treatment is implemented successfully. It is her privilege and joy to help people regain the activities they love.

Leslie is a small town country girl born and raised in Manitoba. She is very passionate about the physiotherapy profession and helping people achieve their goals and reach their maximum potential through rehabilitation. Outside of work she enjoys traveling and hiking, cross country skiing, camping, and horseback riding.



Kyle Davy Physiotherapist Exam Candidate

Kyle joined the inMotion Team initially as a Clinic Aide / Office Assistant at our Sage Creek location January of 2020. He has a Bachelor's Degree and will be treating patients at Portage Physiotherapy!

Kyle is a 2023 Physiotherapy Graduate from the U of M! He is committed to helping others return to doing the activities they love and making a positive change for his patients with the skills and tools he has picked up throughout his education so far. Kyle enjoys continuing his education of lifelong learning through post-graduate courses in order to ensure he provides the best possible care for his patients. He is a member of a team like the InMotion Network where there is great mentorship and many opportunities to learn from one another.

Kyle is a big believer in maintaining a healthy lifestyle and enjoys resistance training, as well as playing sports such as soccer and basketball.



Kyla LaCombePhysiotherapistMPT

Kyla LaCombe joined the inMotion team as a Physio aid/receptionist for the "inMotion Network" in 2013 and has been

Kyla graduated with a Masters of Physiotherapy from the University of Manitoba in 2017. She is currently working at
Physiotherapy but over the years she has treated patients out of nearly all the InMotion Network clinics.Â

Kyla is certified in acupuncture and dry needling. She has completed her Level 2 orthopedic levels and is looking for
therapy knowledge. She enjoys learning about a variety of subjects to help her better serve her patients. She has taken
dysfunction, orthotic prescription and Mulligan mobilizations.Â

Outside of work you can find Kyla at her cabin in Steep Rock, in the gym lifting weights or walking with her Golden
active and loves helping her patients return to the activities they love too.Â

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Zak BannatynePhysiotherapist Exam Candidate

Zak joined the inMotion Team in March 2018 at the Sage Creek location as a Clinic aide/Office Assistant. He completed his Master of Physical Therapy in October of 2023, both from the University of Manitoba.

Zak is passionate about helping people achieve their goals through personalized care and a focus on active participation. His physiotherapy is one that places patients' specific needs at the centre, and works towards their desired functional outcomes.

In order to provide the most effective care to his patients, Zak plans to further his education through post-graduate courses. Zak is very outgoing and loves to smile, as well as make other people smile. He likes to keep active through sports being hockey and golf.

Zak is very excited to be working in Portage la Prairie!



Shayla MoorePhysiotherapist

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Kyle enjoys ...



Kyla LaCombePhysiotherapist

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Massage Therapists



Chelsey YandeaMassage TherapistRMT

Chelsey recently joined the Portage Physiotherapy team January 2017. She looks forward to offering more work days schedule.

Graduating from Wellington College of Remedial Massage therapy in January 2012 Chelsey enjoys participating in her massage scope and background to better aide current and future clients.

A country girl all her life, growing up in Plumas and now residing in Gladstone with husband Chris and son Liam. She enjoys spending time at the lake, watching and playing baseball. Winters are kept busy running from rink to rink watching all the boys play ho...



Chelsey YandeaMassage Therapist

Chelsey recently joined the Portage Physiotherapy team January 2017. She looks forward to offering more work days schedule. Graduating from Wellington College of Remedial Massage therapy in January 2012 Chelsey enjoys participating in broadening her massage scope and background to better aide current and future clients. A country girl all her life, growing up in Gladstone with husb...

Athletic Therapist



Tanner WiebeAthletic TherapistCAT-C

Tanner joined the inMotion team at Portage Physiotherapy in August 2022. He grew up in Morden, MB and graduated with a Bachelor of Kinesiology and Recreation Management - Athletic Therapy.

Tanner then went on to certify as an Athletic Therapist in June 2022 and desires to enhance his skills and acquire new experiences to broaden his field of an Athletic Therapist.

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Throughout university, Tanner was able to spend 2 seasons with the University of Manitoba Women's hockey team and two Hockey Manitoba Male U16 Pursuit of Excellent Camps. He has always had an interest in being active whether it be in a sport or other sport. His passion for Athletic Therapy came from a young age when he experienced it firsthand and hopes to spread this passion to his patients.

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Tanner Wiebe Athletic Therapist CAT-C

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Foot Care



Twyla JaworskiFoot Care NurseRN

Twyla Jaworski joined the inMotion team October 2019. She treats clients out of our Sage Creek, Creekside, Portage & Physiotherapy Works Clinic locations and always willing to help wherever needed!

Twyla has been a Nurse for 33 years and providing Nursing Foot Care for more than five years. She is deeply involved in various capacities. July 1, 2022 Twyla retired from her position with the WRHA to focus on her foot care business and WRHA.Â

For most of her career Twyla has been looking after the Grace Hospital School of Nursing Alumni and she is also an active member of the Foot Care Nurses (MAFCN) and is on the Executive for MAFCN as well as a member of the Canadian Association of Foot Care Nurses. Twyla graduated from Grace Hospital School of Nursing in 1991 and earned her Bachelor Health Sciences Nursing degree in 2003 from Champlain College. She completed CNA certification in Gerontology in 2000.

Twyla and husband Andre have two sons Quade (Vanessa) and Kendel (Courtney). In their spare time the couple, along with their Bangel cat LuLu can be found enjoying time together at the lake.



Twyla Jaworski Foot Care Nurse RN

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Dietitian



Sarah MorryRegistered DietitianR.D.

Sarah is a private practice dietitian working and living in Winnipeg. She received her Bachelor of Human Ecology with Honors from the University of Manitoba in 1988 and obtained her Registered Dietitian designation in 1989. Sarah has been in private practice for 30 years, helping clients reach their individual nutrition goals.

Sarah's focus is on nutrition counselling individual children and adults, including seniors, related to therapeutic diets (e.g., diabetes, gastrointestinal disorders), weight management, healthy eating, prenatal nutrition, sports nutrition, eating disorders and more.

Sarah has a passion for her profession. Her goal is to carefully listen to her clients and work closely with them to find solutions that fit their specific needs and individual circumstances. She believes that nothing is written in stone. If one approach doesn't work, she will find one that does . . . together.

Sarah is thrilled to join the inMotion Network Team at Sage Creek as well as Creekside to help her clients lead healthier lives.



Sarah Morry Registered Dietitian

Sarah is a private practice dietitian working and living in Winnipeg. She received her Bachelor of Human Ecology with Honors from the University of Manitoba in 1988 and obtained her Registered Dietitian designation in 1989. Sarah has been in private practice for over 20 years, helping clients reach their individual nutrition goals. Sarah's focus is on nutrition counselling individual children and adults, including those with high blood pressure, high cholesterol, and diabetes.

Occupational Therapist



Sarah Morry Registered Dietitian

Joanne Vanderhorst Occupational Therapist BMR-OT

Joanne is a Occupational Therapist / Rehabilitation Consultant with extensive experience in Vocational Rehabilitation employers, and legal firms to assist individuals to return to sustainable employment.Â Joanne is client centered focus interpersonal skills with the ability to adapt therapeutic approach to fit individual situations.

The inMotion Network began to consult with Joanne in 2012 at Creekside with her functional capacity evaluations and many other occupational therapy situations.Â She currently provides services in all inMotion Network locations.



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Administration



Kyla Lenio-Slack Operations Manager

Email Kyla

Kyla joined the inMotion Network in July of 2015 and has quickly become an asset to the team. The Stonewall Clin locations including the city and Gillam -- Playing a strong role in the administrative, HR, PR and operations aspect.

Originally from the city she has lived in Teulon since 2008 and considers the Interlake her home. She attended Red R and has since maintained a career path in that direction. She quickly realized that a routine desk job was not for her an multiplicity of tasks. Her thought is it keeps work interesting, varied and sometimes unpredictable!

Kyla is a proud mom of two, her daughter Nikole even works for the inMotion network as a part time clinic aide! She is a "sport" mom!

Kyla is passionate about helping animals. She volunteers and fosters for a couple of animal rescues. She has been part of the 2003 and takes pride in helping to raise money towards Cancer Research.

When not working Kyla enjoys spending time with family, friends her dogs (Lexi & Mika), hiking, running, enjoying food!



Kyla Lenio-Slack Operations Manager

Sarah AdnumOffice Manager

Email

Sarah Joined the inMotion team at Portage Physiotherapy October of 2022 as our Office manager.

Sarah has over 20 years of experience in the hospitality industry and loves interacting with the public.

Outside of the office you will find Sarah with her kids, always on some kind of adventure, camping, having bonfires c



Sarah Adnum Office Manager

Sandahl PageClinic Aide / Office AssistantClinic Aide/Reception

Sandahl joined the inMotion Team at Portage Physiotherapy in April of 2023!

Sandahl was born and raised in Portage la Prairie. She has two amazing children and one fur baby. When not working adventures with her little ones.

Sandahl may appear to be a quiet person but she is super friendly and sometimes can even be funny!

When she does get a little time to herself, she enjoys watching reality tv shows and just recently found her love of reading.

Sandahl is super excited to be part of this amazing team as everyone here is so welcoming!!!



Karen SawatzkyClinic Aide / Office Assistant

Karen joined the inMotion Team at Portage Physiotherapy in August 2022!

Karen is passionate about helping others, and is excited to be a part of the team at Portage Physio, working together and promoting physical health.

Karen is married to an amazing man and mom to 5 wonderful children. Whether working on their farm, camping, or traveling, family is the best part!

She enjoys coffee, reading and volunteering at various organizations in the community.



Karen Sawatzky Clinic Aide / Office Assistant

Brittany TwissClinic Aide / Office Assistant

Brittany joined the inMotion team at Portage Physiotherapy September 2023.

Brittany grew up in Saint Claude area. When she isn't at work, she enjoys spending her time with her 3 kids and going

Brittany is very outgoing person; you can always find her talking to someone making conversation.

When Brittany does get time to herself you can find her curled up on the couch watching Netflix or reading a good bo

Brittany is glad to be part of the team!



Brittany TwissClinic Aide / Office Assistant

Chandelle WilsonClinic Aide / Office Assistant

Chandelle joined the inMotion team at Portage Physiotherapy in November 2023.

She loves interacting with our clients and is excited to be part of our amazing team.



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Karen SawatzkyClinic Aide / Office Assistant

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