

# Creekside Physiotherapy

## Meet Our Team

### Partners



#### **Scott Allan President/ Partner BMR-PT**

Scott holds the position of President of the inMotion Network. He devotes his time to managing the operations of the network and providing patient care as needed. He often can be found driving between the clinics, facilitating staff and business development, and asking "Kyla why?"

Scott graduated from the University of Manitoba in 1987. Since graduation Scott has continued his pursuit of knowledge in musculoskeletal physiotherapy. While playing Junior Hockey with the St. James Canadians, Scott was introduced to physiotherapy and to return that first hand experience back to his patients.

Scott's professional interests are diverse. He enjoys treating post surgical conditions and has a specialized interest in knee conditions as a physiotherapist but as a patient as well. His involvement in sports physiotherapy ranges from his grass roots experience as a therapist at two Canada Games to coordinating the medical needs for the Baseball venues at the 1999 Pan Am Games.



#### **Sherry Scott Clinic Manager / Partner BMR-PT**

Sherry is Creekside's on-site Clinic Manager and Physiotherapist as well as a partner of the inMotion Network of Physiotherapy. After her 1989 graduation from R.D. Parker Collegiate in Thompson, Manitoba, Sherry moved to Winnipeg, in which she has had the initial achievement of a certificate in Medical Radiological Technology, with Medical Laboratory Assistant, she was involved in a computer system. Experience and knowledge acquired in both acute and chronic care settings spurred Sherry to expand her focus.

Sherry returned to school to graduate from the University of Manitoba with a Bachelor Degree in Medical Rehabilitation. Her primary interest of musculoskeletal rehabilitation in both the hospital and private clinic setting. Sherry currently works in a clinic.

diverse clientele which can range from individuals involved in motor vehicle accidents or injured on the job, to runners suffering from both acute and chronic injuries. Sherry actively strives to further her knowledge and continuing education include management courses through U of W, manual therapy levels through the Orthopaedic Division, and has also attended the International Foundation to mention a few. In her spare time Sherry can be found teaching a spin class at one of several parks in the park.



Sherry Scott Clinic Manager / Partner BMR-PT

## Stephanie RobereckiPartnerBMR-PT

Stephanie is a partner in the inMotion Network of Physiotherapy Clinics and More and provides consultation services for running injuries and video gait analysis. She enjoys many varied experiences as a physiotherapist since graduation from the University of Manitoba; include; induction into the Manitoba Runners Association as a builder in 2016; Race Director of the Physio Fit Run series; Running Room, City Park Runners, MEC, Triathlon Clubs, Joints In Motion, Manitoba Hydro, Canadian Pacific Railway, and various exercises, office ergonomics; 10km clinic instructor for The Running Room, five years as a trainer for Winnipeg Hawkeys; numerous sporting events at all levels including Canada Games and Western Canada Summer Games, medical coordinator for the American Games; Chairperson Physiotherapy Alliance and Sport Physiotherapy Division Manitoba Branch.

Academically she holds a Sport Physiotherapy Canada Certificate Level. Numerous courses identified by the Canadian Physiotherapy Association, Canadian Physiotherapy Association have been utilized to increase her knowledge base. She was awarded the Award in 2007 to recognize contribution to the profession.

Special interests include the treatment of running injuries due to her extensive athletic background, including full marathons, Ironman Canada in 2008, 2010, 2012 and 2014. In 2015 Stephanie Roberecki ran the Boston Marathon which was a life goal. As a bike enthusiast and recreational downhill skier, it is realized that injuries are in fact a part of an active lifestyle!! Life is short, let her best to keep you moving.

Thank you Steph for championing nearly 30 years of the Physio Fit Run, an annual spring event raising \$1000s for physiotherapy and Sport.



## Beth Gutkin-RoyPartner/PhysiotherapistBMR-PT

Beth joined the Quarry Team in 2006, after she received her degree in Physiotherapy from the University of Manitoba. She works at the Stonewall clinic and is a very dedicated and knowledgeable clinician. Growing up in Winnipeg, Beth enjoyed playing hockey, ringette, hockey and field hockey. After graduating from high school, she moved to Kingston, Ontario where she received her Bachelor's degree with a major in Psychology. Beth now resides in Stonewall with her husband, son and daughter and two Labrador retrievers. She is involved in the organization of various volunteer events, including the **Physio Fit Run** and the **MS Bike Tour**. She has taken various **Acupuncture Courses** and plans to take many more in the future! When Beth is not working, she enjoys being active and her hobbies include snowboarding, hiking, and running. In the summer, she can often be found spending weekends out at the lake in Manitoba.



## **Scott Allan President/ Partner**

Scott holds the position of President of the inMotion Network. He devotes his time to managing the operations of the network and ensuring the highest quality of patient care as needed. He often can be found driving between the clinics, facilitating staff and business development. He is always asking "Kyla why?" Scott graduated from the University of Manitoba in 1987. Since graduation Scott has continued his graduate studies in muscu...



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Sherry Scott Clinic Manager / Partner

## **Stephanie RobereckiPartner**

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## **Beth Gutkin-RoyPartner/Physiotherapist**

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## **Physiotherapists**



## **Lisa HarrisPhysiotherapistBMR-PT**

Lisa graduated with a Bachelors of Medical Rehabilitation in Physiotherapy in 2007 from the University of Manitoba. She has continued her education such as courses in advanced manual therapy and myofascial release techniques. She is certified by the Canadian Foundation of Canada Institute. She has a long standing association with Springers Gymnastics as a past gymnast and...



## **Shayla Moore Physiotherapist B.Sc., BMR (PT) 1996**

After practicing in Charleswood for 14 years, Shayla joined our team of physiotherapists in 2010. She has completed acupuncture, extensive joint and muscle therapy, and specific exercise training. In 1999 she achieved a Certificate in Sports Medicine and volunteered countless hours treating athletes at the Pan Am Games, World Curling, Canadian Figure Skating Championships, and the 2002 Winter Olympics.

Together with the expertise of a dentist, orthodontist and other related oral specialists, Shayla can provide treatment of temporomandibular joint dysfunction.

In 2010, Shayla sought training in Vestibular Rehabilitation, the assessment and treatment of inner ear dysfunction, via a Vestibular Competency Course at Emory University in Atlanta, Georgia, USA. At this course she had the opportunity to learn from leading teachers and researchers with physiotherapists from around the world. A customized program of in-clinic and home exercises can help reduce dizziness, improve balance and reduce the risk of falls.



Shayla Moore Physiotherapist B.Sc., BMR (PT) 1996

## **Leslie RoerPhysiotherapistBMR-PT**

Leslie graduated from the University of Manitoba in 2009 and has been a member of the inMotion team since November 2010. She specializes in treating people with Pelvic Floor Dysfunction. She treats women and men with bladder and bowel control problems and pelvic pain. It is a very rewarding area when treatment is implemented successfully. It is her privilege and joy to help people regain the activities they love.

Leslie is a small town country girl born and raised in Manitoba. She is very passionate about the physiotherapy profession and helping people achieve their goals and reach their maximum potential through rehabilitation. Outside of work she enjoys traveling and hiking, cross country skiing, camping, and horseback riding.



## **Kyla LaCombePhysiotherapistMPT**

Kyla LaCombe joined the inMotion team as a Physio aid/receptionist for the "inMotion Network" in 2013 and has been

Kyla graduated with a Masters of Physiotherapy from the University of Manitoba in 2017. She is currently working at  
Physiotherapy but over the years she has treated patients out of nearly all the InMotion Network clinics.Â

Kyla is certified in acupuncture and dry needling. She has completed her Level 2 orthopedic levels and is looking for  
therapy knowledge. She enjoys learning about a variety of subjects to help her better serve her patients. She has taken  
dysfunction, orthotic prescription and Mulligan mobilizations.Â

Outside of work you can find Kyla at her cabin in Steep Rock, in the gym lifting weights or walking with her Golden  
active and loves helping her patients return to the activities they love too.Â

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## **Kyla LaCombePhysiotherapist**

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## **Massage Therapists**



### **Lauren AndersonMassage TherapistRMT**

Lauren went to school in Stonewall and graduated in 2008. Following graduation she went back to school in Winnipeg and she is today a RMT (Registered Massage Therapist) at Creekside Physiotherapy.

If she is not playing soccer then she is often found volunteering at various events from running to cycling to climbing. She likes to help people and to lend a "Helping Hand"



### **Laura BeckMassage TherapistRMT**

A graduate of Wellington College of Remedial Massage Therapy, Laura has a strong passion in sharing how massage can improve the quality of life. She has completed specialized courses such as rib mobilization and the pregnant pelvis and is always looking for new ways to help people. Prior to her massage career, Laura was an avid ballet dancer as well as competed competitively in Manitoba's equestrian...



## **(Patrick) Tyler Tan Massage Therapist RMT**

Tyler joined the InMotion Network team as a clinic aid at our Creekside clinic in 2018.

Motivated by his team and the work environment he enrolled at Wellington College to become a Registered Massage

Therapist.

Tyler graduated from Wellington College in June 2020. He will be mainly working at our Creekside location with one of our other locations in Gimli.

Therapist.

Tyler likes taking part of continual education courses to expand his massage scope.

Therapist.

When he isn't working he enjoys staying active and being around friends and family.



(Patrick) Tyler Tan Massage Therapist RMT

## **Jo-Anna Roselo Massage Therapist RMT**

Jo-Anna joined the inMotion Network of Physiotherapy Clinics and More May 2022.

Jo-Anna graduated from Wellington College of Remedial Massage Therapy and is devoted to supporting her clients on manipulating soft tissues to prevent and manage physical dysfunctions of the body.

She believes in making an individualized treatment plan and is committed to being a supportive health care provider to

## **Yvonne Applewhaite Osteopathic Massage Therapist RMT**

Yvonne joined the inMotion team at Creekside Physiotherapy July 2022.

Yvonne graduated from Wellington School of Remedial Massage Therapy in June 2008 . Yvonne has a unique skill set including STAMINA Orthopedic Massage, RAPID Neuro-fascia Reset, Craniosacral Therapy (SCT) and Visceral (abdominal) I other experiences working with a variety of problems relating to joints and soft tissue injuries.

Yvonne, who is always looking for a challenge, is skilled and dedicated to providing excellent customer service; a h results oriented in Advanced Orthopedic Massage, Pelvic Stabilization, Deep Tissue Release, Frozen shoulder, Hip dy Piriformis Syndrome, to name just a few.

Yvonne's unique approach to massage treatment uses a blend of interactive and integrative movements, that not only but also make for maximum and lasting results.

**So, come feel the difference, leave with the experience!**

**P.S. No Full Body or Relaxation Massage please!**



### **Lauren Anderson Massage Therapist**

Lauren went to school in Stonewall and graduated in 2008. Following graduation she went back to school in Winnipeg, she is today a RMT (Registered Massage Therapist) at Creekside Physiotherapy. If she is not playing soccer then she is out from running to cycling to climbing. Lauren is always looking to meet new people and to lend a “Helping Hand”



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A graduate of Wellington College of Remedial Massage Therapy, Laura has a strong passion in sharing how massage can improve the quality of life. She has completed specialized courses such as rib mobilization and the pregnant pelvis and is always looking for new challenges. Prior to her massage career, Laura was an avid ballet dancer as well as competed competitively in Manitoba’s equestrian.



## **(Patrick) Tyler Tan Massage Therapist**

Tyler joined the InMotion Network team as a clinic aid at our Creekside clinic in 2018. Motivated by his team and the Wellington College to become a Registered Massage therapist! ^ Tyler graduated from Wellington College in June 2018. He works at the Creekside location with one day a week in Portage La Prairie and Gimli. ^ Tyler likes taking part of continual education. ^ When he isn't working he e...



(Patrick) Tyler TanMassage Therapist

## **Jo-Anna RoseloMassage Therapist**

Jo-Anna joined the inMotion Network of Physiotherapy Clinics and More May 2022. Jo-Anna graduated from Wellington and is devoted to supporting her clients on their healing journey. Her practice focuses on manipulating soft tissues to p the body. She believes in making an individualized treatment plan and is committed to being a supportive health care

## **Yvonne ApplewhaiteOsteopathic Massage Therapist**

Yvonne joined the inMotion team at Creekside Physiotherapy July 2022. Yvonne graduated from Wellington School . Yvonne has a unique skill set, having been trained in Osteopathy, STAMINA Orthopedic Massage, RAPID Neuro-fa Visceral (abdominal) Mobilization/Manipulation (VM) as well as other experiences working with a variety of problem Yvonne, who is...

## **Foot care**



## **Twyla JaworskiFoot Care NurseRN**

Twyla Jaworski joined the inMotion team October 2019. She treats clients out of our Sage Creek, Creekside, Portage & Physiotherapy Works Clinic locations and always willing to help wherever needed!

Twyla has been a Nurse for 33 years and providing Nursing Foot Care for more than five years. She is deeply involved in various capacities. July 1, 2022 Twyla retired from her position with the WRHA to focus on her foot care business and WRHA.Â

For most of her career Twyla has been looking after the Grace Hospital School of Nursing Alumni and she is also an active member of the Foot Care Nurses (MAFCN) and is on the Executive for MAFCN as well as a member of the Canadian Association of Foot Care Nurses. Twyla graduated from the Grace Hospital School of Nursing in 1991 and earned her Bachelor Health Sciences Nursing degree in 2003 from Champlain College. She completed CNA certification in Gerontology in 2000.

Twyla and husband Andre have two sons Quade (Vanessa) and Kendel (Courtney). In their spare time the couple, along with their Bangel cat LuLu can be found enjoying time together at the lake.



Twyla Jaworski Foot Care Nurse RN

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Occupational Therapist



Twyla Jaworski Foot Care Nurse

## **Joanne Vanderhorst Occupational Therapist BMR-OT**

Joanne is a Occupational Therapist / Rehabilitation Consultant with extensive experience in Vocational Rehabilitation employers, and legal firms to assist individuals to return to sustainable employment.Â Joanne is client centered focus interpersonal skills with the ability to adapt therapeutic approach to fit individual situations.

The inMotion Network began to consult with Joanne in 2012 at Creekside with her functional capacity evaluations and many other occupational therapy situations.Â She currently provides services in all inMotion Network locations.



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Kinesiologist / Personal Trainer



## **Erika SchulickKinesiologist / Personal Trainer**

Erika joined to InMotion team in November 2023 with her husband Carlos. She graduated as a physiotherapist in Argentina in 2014. She has experience working in both neurological and orthopedic fields and also was part of the coaching professional female volleyball teams for several seasons in Rosario, Santa Fe.

She also has experience in education as an Upper-level teacher since 2017 when she graduated from the Pontifical Catholic University of Argentina.

While she completes the process to be registered as a physiotherapist in Canada, she works as a kinesiologist in the CrossFit training and recognition programs.

She loves travel and outdoor activities and tries to play tennis as much as she can. She is a lover of dogs and enjoys spending time with her little puppies that flew with her from Argentina. She likes music and enjoys playing guitar and charango (a typical instrument from the mountains).



## **Erika Schulick Kinesiologist / Personal Trainer**

Erika joined to InMotion team in November 2023 with her husband Carlos. She graduated as a physiotherapist in Argentina in 2014. She has experience working in both neurological and orthopedic fields and also was part of the coaching staff of professional female volleyball teams for several seasons in Rosario, Santa Fe. She also has experience in education and she graduated from...

### **Administration**



## **Kyla Lenio-Slack Operations Manager**

### **Email Kyla**

Kyla joined the inMotion Network in July of 2015 and has quickly become an asset to the team. The Stonewall Clinic locations including the city and Gillam -- Playing a strong role in the administrative, HR, PR and operations aspect.

Originally from the city she has lived in Teulon since 2008 and considers the Interlake her home. She attended Red River and has since maintained a career path in that direction. She quickly realized that a routine desk job was not for her and the multiplicity of tasks. Her thought is it keeps work interesting, varied and sometimes unpredictable!

Kyla is a proud mom of two, her daughter Nikole even works for the inMotion network as a part time clinic aide! She is a "sport" mom!

Kyla is passionate about helping animals. She volunteers and fosters for a couple of animal rescues. She has been part of a 5K run in 2003 and takes pride in helping to raise money towards Cancer Research.

When not working Kyla enjoys spending time with family, friends her dogs (Lexi & Mika), hiking, running, enjoying food!



Kyla Lenio-SlackOperations Manager

## **Naomi GoertzenOffice Manager**

Naomi joined the inmotion team at our Creekside location in June of 2021 as the Office Manager.

Coming from a career in the hospitality industry for over 20 years she loves meeting new people and listening to their stories fairly extensively (23 countries so far)

During these adventures around the world she has enjoyed learning about other cultures and exploring the worlds cuisines

During her down time Naomi enjoys reading, going camping and spending time with family and friends.



Naomi Goertzen Office Manager

## **Lisa Ayers Assistant Office Manager**

Lisa joined the inMotion team at Creekside Physiotherapy March 2021!

Lisa graduated from Robertson College as a Medical Office Assistant in 2018. She is passionate about helping others,

In her free time she enjoys going for walks, camping and spending time with her family.



## **Melodie Kull Bookkeeping**

Melodie (Mel) Kull has been an integral part of many physiotherapy clinics in association with Scott over the last 34 years, preparing for the opening of our brand new clinic. Previously the 'backbone' of Creekside Physiotherapy Clinic, including the reception and accounting duties.

Mel has recently "semi-retired" as of August 2020 and works from home number crunching! She still pops into the office with her familiar smiling face!



### **Katelyn Howie Clinic Aide / Office Assistant**

Katelyn joined the inMotion team at Creekside Physiotherapy as an Clinic aide/receptionist in September of 2018.

She graduated from high school in June 2019 and is currently enrolled at the University of Winnipeg to pursue a career in Nursing.

Other than work and school, Katelyn is a competitive junior curler. She also enjoys camping and spending time with friends.



Katelyn HowieClinic Aide / Office Assistant

## **Emily KrahnClinic Aide / Office Assistant**

Emily Joined the inMotion team at Creekside Physiotherapy in August 2022.

She graduated from high school in June 2022 and is currently enrolled at the University of Manitoba studying Kinesiology and Physiotherapy.

Emily is a dance teacher certified through Acrobatic arts, a competitive dancer in various genres, and has completed multiple dance performances. she enjoys reading and spending time with friends.



Emily KrahnClinic Aide / Office Assistant

## **Sofiia HakhClinic Aide / Office Assistant**

Sofiia joined the inMotion team at Creekside Physiotherapy in September October 2022.

Sofiia finished international School(Ivano-Frankivsk National Medical University)in July 2022. She enjoys travelling



## **Mackenzie RobinsonClinic Aide / Office Assistant**

Mackenzie joined the inMotion Team at Creekside Physiotherapy in September 2023.

More info coming soon.....



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## **Naomi GoertzenOffice Manager**

Naomi joined the inmotion team at our Creekside location in June of 2021 as the Office Manager. Coming from a career in sales for over 15 years she loves meeting new people and listening to their stories. She loves to travel and has done so fairly extensively. Her adventures around the world she has enjoyed learning about other cultures and exploring the worlds culinary delights. Her hobbies include reading, going camping an...



Naomi Goertzen Office Manager

## **Lisa Ayers Assistant Office Manager**

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Katelyn HowieClinic Aide / Office Assistant

## **Emily KrahnClinic Aide / Office Assistant**

Emily Joined the inMotion team at Creekside Physiotherapy in August 2022. She graduated from high school in June 2018 and attended the University of Manitoba studying Kinesiology in hopes of pursuing a career in Physiotherapy. Emily is a dance teacher and competitive dancer in various genres, and has completed multiple ISTD ballet exams. In her free time, she enjoys reading and watching movies.



Emily KrahnClinic Aide / Office Assistant

## **Sofiia HakhClinic Aide / Office Assistant**

Sofiia joined the inMotion team at Creekside Physiotherapy in September October 2022. Sofiia finished international University)in July 2022. She enjoys travelling, spending time with family and crafting.



## **Mackenzie RobinsonClinic Aide / Office Assistant**

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